



LEŻAJSKI KLUB KYOKUSHIN KARATE

LEŻAJSK-NOWA SARZYNA-RUDNIK-ULANÓW

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VIII INTERNATIONAL KYOKUSHIN TOURNAMENT THE POLISH CAPITAL OF WICKER MAYOR'S CUP

Regulations

1. Host: Leżajsk's Karate Kyokushin Club,
Contact to the host, for all matters concerning organization:
sensei Piotr Jeziorowski Mobile +48 606 870 640, +48 534 878 380, biuro@karate.lezajsk.pl ,
2. Co-host: The Mayor of the district and city Rudnik by the San
3. Honorary patronage:
The Marshal of the Subcarpathian Voivodeship
The Subcarpathian Voivode
The Foreman of the Nisko County
The Mayor of the district and city Rudnik by the San
4. Time and place: Saturday, 26 January 2019 – the MOSiR Sports Hall in Rudnik by the San, Mickiewicza Street 44
5. Participation:
The Tournament is only for representations of maximum competitors from an individual weight division from one club, no matter the Kyokushin Organization. Required period of training min. 2 years. The tournament will be played according to WBK regulations with the division to age categories.
 - A low kick (mawashi geri gedan) is permitted in all categories.
 - All kicks on the head are allowed.
 - Wazari will be awarded for a technique that will make an impact on an opponent and ippon for a technique that will cause an incapacity of fighting for longer than 3 second.
 - There will be no disqualification for carrying out an allowed technique with excessive strength but according to rules and aimed to proper body areas.
 - **The Tournament of Orange Belts will be played simultaneously – separate categories for orange belts owners. Required period of training min. 1 year.**

Competitors, who are allowed to take part in matches, are obliged to have :

- A valid medical certificate permitting to practice karate, issued by a sports physician. A lack of the certificate makes a competitor unable to take part in the tournament, especially in the kumite competition.
- ID card with a photo and an exact date of birth.
- Clean, white karate-gi.
- Complete set of obligatory protectors required for a chosen category
- Soft knee guards are obligatory in all semi-contact categories. Soft knee guards can be bought before the competition for the price of 10 €.
- A written parent's or legal guardian's consent to take part in the tournament (according to an enclosed form). A competitor who starts in kumite competition without the consent is automatically excluded from the tournament,

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A leader of each team is obliged to referee during matches and to wear a full referee's garment. Since the tournament will be carried on two or three mats, please bring additional referees.

6. Competition:

The tournament will be carried in following competitions:

- kumite semi-contact, for competitors under 18 years old, from 8,1 kyu or 8 kyu
- **kumite semi-contact, for orange belts owners under 13 years old, from 10,1 kyu or 10 kyu to 9,3 kyu or 9 kyu (The Orange Belts Tournaments)**
- kata competition according to the table

The Orange Belts Tournament

KUMITE: for Juniors (boys and girls) (age as of 26.01.2019)

Competitors will be divided into groups according the date of birth!

The Host reserves a right to make changes in weight categories, please declare an exact weight.

Age	Weight (kilos)					Age	Weight (kilos)			
Boys 8-9 born in 2011-2010	-25	-30	-35	+35		Girls 8-9 born in 2011-2010	-30		-35	+35
Boys 10-11 born in 2009-2008	-30	-35	-40	-50	+50	Girls 10-11 born in 2009-2008	-35		-40	+40
Boys 12-13 born in 2007-2006	-40	-45	-50	-60	+60	Girls 12-13 born in 2007-2006	-40	-45	-50	+50

RULES OF KUMITE SEMI-CONTACT COMPETITION

The tournament will be played individually in a Cup's System. Matches for a third place are going to be carried in categories where there will be less than eight competitors.

Competitors should wear protectors as follows:

Protectors:

8-11 y.o. shin-pads, gloves, groin protector, chest protector, knee-pads, helmets with a grille (provided by organizer)
12-13 y.o. shin-pads, gloves, groin protector, knee-pads, chest protector (for girls), helmets with a grille (provided by organizer)
- Matches will be carried with chest protectors hogo.
- Participants must know and follow official entering and exiting ritual on the tatami.

Every competitor is obliged to be ready 1 minute before a match, wearing a complete set of protectors. The Host do not provide obligatory personal protectors.

Match duration for Juniors 8-13 years old:

- (1) Elimination rounds: 90 sec > 90 sec
- (2) Semi Finals and Finals: 90 sec > 90 sec > Weight (3kg) > 90 sec

Basic Tournament - General

KUMITE: for Juniors (boys and girls) (age as of 26.01.2019)

Age	Weight (kilos)					Age	Weight (kilos)			
Boys 8-9 born in 2011-2010	-25	-30	-35	+35		Girls 8-9 born in 2011-2010	-30		-35	+35
Boys 10-11 born in 2009-2008	-30	-35	-40	-50	+50	Girls 10-11 born in 2009-2008	-35		-40	+40
Boys 12-13 born in 2007-2006	-40	-45	-50	-60	+60	Girls 12-13 born in 2007-2006	-40	-45	-50	+50
Boys 14-15 born in 2005-2004	-50	-55	-60	-70	+70	Girls 14-15 born in 2005-2004	-45	-50	-55	+55
Boys 16-17 born in 2003-2001	-60	-65	-70	-80	+80	Girls 16-17 born in 2003-2001	-55		-60	+60

Every competitor is obliged to be ready to fight 1 minute before a match, wearing a complete set of protectors. The Host do not provide obligatory personal protectors.

Match duration for Juniors 8-13 years old:

- (1) Elimination rounds: 90 sec > 90 sec

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(2) *Semi Finals and Finals*: 90 sec > 90 sec > Weight (3kg) > 90 sec

Match duration for Juniors 14-17 years old:

(1) *Elimination rounds*: 120 sec > 120 sec

(2) *Semi Finals and Finals*: 120 sec > 120 sec > Weight (3kg) > 120 sec

Protectors:

8-11 y.o. shin-pads, gloves, helmets with a grille (provided by organizer), groin protector, chest protector, knee-pads
12-17 y.o. shin-pads, gloves, helmets with a grille (provided by organizer), groin protector, knee-pads, chest protector (for girls)
- participants must know and follow official entering and exiting ritual on the tatami.

Application deadline is 20.01.2019

For more information you can contact us on: biuro@karate.lezajsk.pl .
tel. +48 606870640 sensei Piotr Jeziorowski

RULES OF KATA COMPETITION

Kata competition will be carried in two rounds, with a division to men and women, but without a division on age categories. (age as of 26.01.2019)

Age	1 round (Points)	2 round (Points)	Final round (Flags)
8-11	Taikioku sono ni	Taikioku sono san, Pinan sono ichi	Kata that was not performed in 2 nd round
12-13	Taikioku sono san	Pinan sono ich, Pinan sono ni	Kata that was not performed in 2 nd round
14-15	Pinan sono ni	Pinan sono san, Pinan sono yon	Kata that was not performed in 2 nd round
16-17	Tsuki no kata	Gekisai sho, Tsuki no kata, Garyu, Seinchin, Seipai, Kanku Dai, Sushiho	Kata that was not performed in 2 nd round

Start fee

kumite	-	15 €
kata	-	15 €
kumite and kata	-	25 €

7. Rewards

a) **On the Orange Belts Tournament** for the first, second and third places there will be cups and diplomas. There will be no fights for the third place.

b) **On the basic tournament - general** for the first, second and third places in all kumite categories winners will receive medals, cups and diplomas. There will not be fights for the third place – with the exception of categories with less than eight contestants. For the fourth place won in the categories, there will be a medal and a diploma. If there are less than 3 contestants in a kumite category, the category will be revoked or combined with the other one.

Team score will be counted based on individual results in all categories of the tournament:

I place – 6 points, II place – 4 points, III place – 2 point, IV place - 1 point (the place is scored in kumite categories, where there will be less than eight contestants).

c) **On the kata tournament** for the first, second and third place, in all categories, contestants will receive cups and diplomas.

8. Application forms should be sent no later than on 20 January 2019, by midnight.

Before the tournament, there will be a verification of documents and competitors' weight. Competitors who will not go through the whole application process on time, are not allowed to take part in the tournament. Competitors who will not undergo a weight verification or will not have a valid medical certificate (sports physician), are going to be crossed off from a start list. In any case, the club is obliged to pay the participation fee for the contestant.

Verification of the contestant will take place only after a team leader pays the participation fee. In order to facilitate the application process, please transfer the fee to the account and bring a transfer confirmation with you or send it earlier.

9. Verification of contestants will take place only after a team leader pays the participation fee.

10. Sending application forms and bank transfer confirmations: application forms should be sent on e-mail: biuro@karate.lezajsk.pl, on an enclosed application forms (in Exel), which will be also available for download on: www.karate.lezajsk.pl

11. Schedule for Saturday, 26 January 2019

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08:00 – 10:00 verification of competitors

10:00 – 10:30 official opening of the tournament

10:30 - 13:50 kata and kumite

13:00 - 15:00 lunch

14:20 – 17:00 kumite

18:00 – 19:00 official end of the tournament and decoration ceremony

12. Insurance:

According to new law, the competitors' fighting clubs are obliged to provide insurance for them. The Host provides a medical care during the tournament.

Catering during tournament

Organizer provides dinner for judges and all participants.

There is a possibility of purchase additional dinners for 3 euros.

Insurance

According to new statute about sport, squads fielding competitors are responsible for insurance of their representatives. Organizer provides medical care during tournament.

Final provisions

About issues not included in statute decides organizer.

Extra information

Organizer reserves the right to change the number of categories after verification and at the day of championships. Organizer does not bear responsibility for lost things. For participants' behaviour and inflicted damage answer parents or attendants.

Admission is free.

For more information contact us on e-mail: biuro@karate.lezajsk.pl or phone numbers: +48 606 870 640, +48 534 878 380

Hosts of the VIII International Karate Tournament

The Polish Capital of Wicker Mayor's Cup

Wish you many sports successes and a pleasant stay

in Rudnik by the San!