



LEŻAJSKI KLUB KYOKUSHIN KARATE

LEŻAJSK-NOWA SARZYNA-SARZYNA-RUDNIK-ŁĘTOWNIA

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POLISH OPEN WKB 8th GALIZIA CUP

LEZAJSK, Saturday 29 September 2018

Regulations

1. Host

Leżajsk's Karate Kyokushin Club, Kwiatowa Street 15, 37-300 Leżajsk, Poland

2. Co-host

Leżajsk City Hall

3. Honorary patronage

Embassy of Japan in Poland, The Subcarpathian Voivode, The Marshal of the Subcarpathian Voivodeship

4. Time and place

Saturday 29 September 2018 – the Boleslaw Chrobry's ZSL sports hall in Leżajsk, M. C. Sklodowska Street 6

5. Participation

Teams from invited sport clubs **which cooperate with the Leżajsk's Karate Kyokushin Club**, that consist of any number of competitors can participate in the tournament. There is not any limit of kyu levels. Required period of training is at least 2 years.

The tournament will be played according to worldwide WBK regulations in all age categories. . Especially when it comes to kicks on the head. There will be no disqualification for carrying out an allowed technique with too excessive strength

Competitors, who are allowed to take part in matches, are obliged to have:

A valid medical certificate permitting to practice karate, issued by a sports physician. A lack of the certificate makes a competitor unable to take part in the tournament, especially in the semi-contact category for underage fighters.

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- ⊗ ID card with a photo and an exact date of birth.
- ⊗ Clean, white karate-gi.
- ⊗ Complete set of obligatory protectors required for a chosen category
- ⊗ Soft knee guards are obligatory in all semi-contact categories. Soft knee guards can be bought before the competition for the price of 10 euros.
- ⊗ Underage competitors - a written parent's or legal guardian's consent to take part in the tournament (according to an enclosed form). A competitor who wants to start in kumite competition without the consent will be automatically excluded from the tournament

A leader of each team is obliged to appoint referees, who have a complete referee's garment. Since the tournament will be carried on two or three mats, additional referees are welcomed.

6. Competition

- kumite semi-contact, for competitors under the age of 18
- kumite for seniors and oldboys
- kata min. 6 kyu, with a division to men and women, but without a division on age categories

KUMITE CATEGORIES

Competitors will be divided into categories according to the date of birth!

Men:

- juniors /born in 2002-2001 and born in 2000 (who on the day of the tournament are not yet 18 years old)
 - up to 65 kg, up to 70 kg, up to 75 kg, over 75 kg
- younger juniors /born in 2004-03
 - up to 50 kg, up to 60 kg, up to 70 kg, over 70 kg
- youngsters / born in 2006-05
 - up to 35 kg, up to 40 kg, up to 50 kg, over 50 kg
- cadets / born in 2008-07
 - up to 30 kg, up to 35 kg, up to 45 kg, over 45 kg
- younger cadets / born in 2010-2009
 - up to 25 kg, up to 30 kg, up to 40 kg, over 40 kg
- children (boys) / born in 2012 and 2011
 - up to 25 kg, up to 30 kg, up to 35 kg, over 35 kg

Women:

- juniors /born in 2002-2001 and born in 2000 (who on the day of the tournament are not yet 18 years old)
 - up to 55 kg, up to 60 kg, over 60 kg
- younger juniors /born in 2004-03
 - up to 50 kg, up to 55 kg, over 55 kg
- youngsters / born in 2006-05
 - up to 40 kg, up to 50 kg, over 50 kg
- cadets / born in 2008-07
 - up to 30 kg, up to 40 kg, over 40 kg
- younger cadets / born in 2010-2009
 - up to 25 kg, up to 35 kg, over 35 kg
- children (girls) /born in 2012 and 2011
 - up to 25 kg, up to 35 kg, over 35kg

RULES OF SEMI-CONTACT KUMITE – CHILDREN, CADETS, YOUNGSTERS, JUNIORS

The tournament will be played individually in a Cup System. Fights in all categories will be carried out in a WKB system. Competitors should wear protectors as follows:

<i>category</i>	<i>obligatory personal protectors</i>	<i>obligatory protectors provided by the host</i>
Child	- white shin&instep protectors - hand protectors, soft knee guards - men - groin protector	- chest protector hogo - headgear with face cage
Younger cadet	- white shin&instep protectors - hand protectors, soft knee guards - men - groin protector	- chest protector hogo - headgear with face cage
Cadet	- white shin&instep protectors - hand protectors, soft knee guards - men - groin protector	- chest protector hogo - headgear with face cage
Youngster	- white shin&instep protectors - hand protectors, soft knee guards - men - groin protector - women - breast protector	- headgear with face cage
Younger junior	- white shin&instep protectors - hand protectors, soft knee guards - men - groin protector - women - breast protector; separate foam plates and a stretchy top	- headgear with face cage
Junior	- white shin&instep protectors - hand protectors, soft knee guards - men - groin protector - women - breast protector; separate foam plates and a stretchy top	- headgear with face cage

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Every competitor is obliged to be ready to fight 1 minute before a match, wearing a complete set of protectors. The Host do not provide obligatory personal protectors.

Match duration – children, younger cadets, cadets categories:

1,5 minute basic round -> 1,5 minute first playoff -> weight (more than 2 kg difference is decisive)
-> 1 minute second playoff, after which a verdict must be reached.

Match duration – youngsters, younger juniors, juniors categories:

2 minutes basic round -> 2 minutes first playoff -> weight (more than 3 kg difference is decisive)
-> 1 minute second playoff, after which a verdict must be reached.

KUMITE CATEGORY FOR SENIORS

People born in 2000, who on the day of the tournament are 18 years old and older.

Men up to 70 kg, up to 80 kg and over 80 kg

Women up to 60 kg and over 60 kg

KUMITE CATEGORY FOR OLDBOYS

People who are over 35.

Men up to 80 kg and over 80 kg

RULES OF KUMITE FOR SENIORS AND OLDBOYS

The tournament will be played individually in a Cup System. Fights in categories for seniors and oldboys (over 35 years old) will be carried out according to worldwide WKB regulations, which means all kicks on a head are allowed.

In order to avoid injuries, competitors should wear protectors as follows:

category	obligatory personal protectors
seniors oldboys	- white shin&instep protectors - mouthguard - men - groin protector - women - breast protector; separate foam plates and a stretchy top

Every competitor is obliged to be ready to fight 1 minute before a match, wearing a complete set of protectors. The Host do not provide obligatory personal protectors.

Match duration

2 minutes basic round -> 2 minutes first playoff -> weight (more than 3 kg difference is decisive)
-> 2 minutes second playoff, after which a verdict must be reached.

RULES OF KATA COMPETITION

Kata competition will be carried in two rounds, with a division to men and women, but without a division on age categories. I round Gekisai-sho, II round kata selected from the table below

CATEGORY	I ROUND	II ROUND
min. 6 kyu; with a division to men and women, but without age division.	Gekisai-sho	Tsukino-kata, Saifa, Garyu, Seienchin, Seipai, Kanku, Sushiho

NOTICE!

- ⊗ **Medical examination by a sports physician obligatory for semi-contact.**
- ⊗ **Applications must be sent NO LATER than 23 September 2018, until midnight.**
- ⊗ **After an analysis of applications, there can be a necessity of a different division into categories.**
- ⊗ **Applications are valid ONLY with an entry form in Excel attached to the announcement and available on the Host's website www.karate.lezajsk.pl**
- ⊗ **Please declare in the application form the kyu level, the exact weight and previous accomplishments of a competitor.**
- ⊗ **Competitors pay 20 euros participation fee.**
- ⊗ **A drawing will take place on Wednesday, 26 September 2018 and it will be based on application forms.**
- ⊗ **After the drawing, a competitor will not have a possibility to change a category.**
- ⊗ **All teams participating in the Tournament must appoint at least one referee.**
- ⊗ **Competitors who will not have a valid medical certificate or will not fit to the declared weight category, are going to be crossed off from a start list.**

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⊗ *If the contestant is not present for his/hers fight during the Tournament, the other, present contestant will progress further.*

7. Participation fee

Competitors pay 20 euros participation fee.

8. Rewards

For the first, second and third places in all kumite categories winners will receive medals, cups and diplomas. There will not be fights for the third place – **with the exception of categories with less than eight contestants**. For the fourth place won in the categories, there will be a medal and a diploma. If there are less than 3 contestants in a kumite category, the category will be revoked or combined with the other one.

Team score will be counted based on individual results in all categories of the tournament:

I place – 6 points, II place – 4 points, III place – 2 point, IV place - 1 point (the place is scored in kumite categories, where there will be less than eight contestants).

9. Applications

Applications must be sent NO LATER than 23 September 2018, until midnight. After an analysis of applications, there can be a necessity of a different division into categories. Applications are valid ONLY with an entry form in Excel attached to the announcement and available on the Host's website www.karate.lezajsk.pl. Please Declare in the application form the kyu level, the exact weight and previous accomplishments of a competitor.

10. Sending application forms and bank transfer confirmations

Application forms and transfer confirmations should be send on e-mail :biuro@karate.lezajsk.pl.

11. Schedule for Saturday 29 September 2018

08:00 – 10:00 verification of competitors

09:40 - 10:00 meeting of referees

10:00 – 10:30 official opening of the tournament

10:30 - 13:50 kumite

13:00 - 15:00 lunch

14:20 – 18:00 kumite

18:00 – 19:00 official end of the tournament and decoration ceremony (**time of the end of the tournament depends on a number of competitors**)

12. Food during the tournament

The Host provides lunch for referees and all contestants.

13. Insurance

According to new law, the competitors' fighting clubs are obliged to provide insurance for them. The Host provides a medical care during the tournament.

14. Final arrangements

In all matters not mentioned in regulations above, the final decisions are made by the Host.

15. Additional information:

The Host reserves the right to change a number of categories after a verification and on a day of the tournament. The host is not legally responsible for lost things. A parent or a legal guardian is responsible for contestant's conduct and for damages made by contestant.

***Hosts of the Tournament wish you many sports successes
and a pleasant stay in Lezajsk***

KARATE

WORLD KYOKUSHIN BUDOKAI POLAND

sensei Dariusz Burda