



INTERNATIONAL KARATE KYOKUSHIN COMPETITION
"Baltic Cup 2019- Fight for Hope"
KLAIPEDA, June 23th.
(Sunday)

I. Target:

We will dedicate our fights to all who are fighting with oncological diseases and support St. Francis Oncology center.

II. Place, time, commission, weighing, judges:

1. Location: „Švyturio arena“, Dubysos g. 10
2. Time: 2019 June 23th., Sunday.
3. Weighing: Weighing will not be held we will use the data of the application forms. If the competitor exceeds 2kg than it was in Application form, the club will be fined 20 EUR.
4. Arrival: All clubs arrive until 9:30. Commission and the judges seminar will take place from 9:30 - 10.00val. (It is possible to arrive day in advance, and have sightseeing we have wonderful Sea museum and Dolphinarium. <http://muziejus.lt/en>)
5. Competition starts - 10.00.
6. In order to effectively conduct competition clubs **MUST** bring at least 1 judge. Larger clubs 2 judges at least.
7. Participation fee – **15 EUR**.

III. Conditions for participation, the rules:

A Category: Age groups (experience minimum 8kuy)
U-6 (2013 year born),U-7(2012),U-8(2011),U-9(2010),U-10(2009),U-11(2008),
U-12(2007),U-13(2006),U-14(2005).
U-16 group (2003, 2004)
U-18 group (2001, 2002)
ADULTS. 2000 and elder 18m.
SENIORS. 35 years and above.

B Category: Age groups (0kuy, 10kuy, 9 kuy)
U-6 (2013 year born),U-7(2012),U-8(2011),U-9(2010),U-10(2009),U-11(2008),
U-12(2007),U-13(2006),U-14(2005).
U-16 group (2003, 2004)
U-18 group (2001, 2002)
ADULTS. 2000 and elder 18m. 10-6 KYU is B category.

III. Terms of participation, rules, program

Note: in a large number of competitors the organizers have the right to combine categories and groups

KUMITE

U-6 (2013 year of birth),U-7(2012),U-8(2011), U-9(2010), U-10(2009),U-11(2008), U-12(2007),U-13(2006),U-14(2005).

1. Categories A and B. All athletes will be divided into pouls from 2-4 people and into weight categories which will be 5kg or less kilogram weight difference.
2. Rules: (boys and girls) semi-contact, full protection, the fight duration of 1.5 min + extension (1 min). Allowed techniques: mawashi geri gedan, chudan techniques, hiza geri, and all controlled kicks to the head with light touch.

U-16 age group. Cadets Kumite (2003-2004)

1. Categories A and B. All athletes will be divided into pouls from 2-4 people and into weight categories which will be 5kg or less kilogram weight difference.
2. Rules (boys and girls) semi-contact, full protection, the fight duration 2min+extension 2min. Allowed techniques: mawashi geri gedan, chudan techniques, hiza geri, and all controlled kicks to the head with light touch. **A category fights will be without chest protection but with hand protection.**

U-18 age group. Junior Kumite (2001-2002)

1. Categories A and B. All athletes will be divided into pouls from 2-4 people and into weight categories which will be 5kg or less kilogram weight difference.
2. Boys and girls. Rules of knock-down, head protection, shin protection, the fight duration (2 min. 2 min. 2 min.) **All techniques to the head must be controlled and with light touch.**

Adults men and women

1. Men weight groups (-65,-75, -85, +85kg); A and B Category
2. Women weight groups -55,-60,-65, +65kg; A and B Category
2. Knock-down rules with leg protection(3min; 2min; 2min;). **B category + Helmet.**

All participants must have their own bandages (boys), leg and hand protection.

All participants will be awarded with trophies and diplomas.

IV. Organizing Committee

L. Kubilius - org. Head of the Committee, +37060027030; lukas@shodan.lt

V. Silvaško - Main Judge.

VI.Participants application

Application must be send to e-mail: lukas@shodan.lt **by the 2 of. June.** Please inform the organizers that you are willing to participate by responding to the email as soon as possible.

IF THERE IS A NEED TO ARRANGE THE ACCOMONDATION PLEASE LET ME KNOW. Lukas@shodan.lt +37060027030